



DOCTOR DISCUSSION GUIDE

# Managing Zika Virus

If you are traveling to or live in an area where Zika has been identified, or you've been diagnosed with the virus, chances are you have a lot of points of confusion. Asking the right questions during your conversation will help you know what to expect and how to better navigate your condition. Familiarize yourself with these common terms before your appointment to help facilitate your discussion.

## Vocabulary to Know

Your doctor might mention these common terms. Here's what they mean.

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<b>Microcephaly</b>	A condition in which a baby's head is significantly smaller than it's body, often due to abnormal brain development.
<b>Endemic</b>	A disease or condition that is common in a certain population or area.
<b>Transmission</b>	In terms of disease, how an illness is spread.
<b><i>Aedes</i> Mosquitoes</b>	A type of mosquito that is known to transmit Zika (specifically <i>Aedes aegypti</i> and <i>Aedes albopictus</i> ).
<b>Guillain-Barre Syndrome</b>	A rare disorder in which the immune system attacks the nerves, often causing weakness and paralysis of the limbs.

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